

# Week 2 Gratitude Sheet

A gentle space to reflect on the good in this week.

**① Something small I'm grateful for...**

**② A moment that made me pause...**

**③ Someone who supported me this week...**

**④ Something I'm proud of...**

A large, empty rectangular box with a thin black border, designed for handwritten notes or drawings.

**⑤ One thing I want to carry into next week...**

A large, empty rectangular box with a thin black border, designed for handwritten notes or drawings.